

[Train-the-Trainer Workshops to Support Health Care Provider Education](#)

BFI Infant Feeding Competency Train-the-Trainer Workshop

This two-day workshop has been updated with current research and gender-neutral language. The objective is to equip leaders with the essential knowledge, strategies, and resources necessary to deliver the BFI Infant Feeding Competency Course within their respective organizations. In doing so, health care providers will be better prepared, informed, and confident in supporting all parents in achieving their infant feeding goals.

Each organization will receive a USB that includes the BFI Infant Feeding Competency Course PowerPoint slide presentation, speaker notes, activity ideas and teaching video links at the completion of the workshop. Each organization is then free to download the contents of the USB for each participant that attended the workshop. This information can be used **within the organization** for ongoing internal staff training.

BFI Informed Decision Making (IDM) Train-the-Trainer (TTT) Workshop

This half-day TTT workshop for leaders is to prepare them to facilitate teaching of BFI IDM within their organization. The objective is to increase ease and skill in having infant feeding informed decision-making conversations with parents. Many front-line workers say they do not feel comfortable or skilled in having these conversations with families.

Content of the BFI IDM TTT Workshop will include:

- Discussion of materials required to teach the content of the BFI IDM workshop to other staff.
- An overview of the BFI IDM course content, with attention to strategies to effectively facilitate.
- Strategies concerning how to engage with families and support their informed decision-making process.

Four video scenarios to facilitate learning and discussion. Video scenarios include:

1. Parent has made an informed decision to breastfeed and is now asking to give their infant formula. After discussion exploring concerns, goals, options, and risk/benefits, they decide to continue breastfeeding.
2. Parent has made an informed decision to breastfeed and is now asking to give their infant formula. After discussion exploring concerns, goals, options, and risk/benefits, they decide to formula feed.
3. Parent is breastfeeding their infant and is now required to supplement with formula for a medical reason. Discussion to support parent with feelings of failure, guilt, concern for infant and risk/benefits of formula supplementation.
4. Parent has made an informed decision to formula feed their infant. Discussion to ensure knowledge of safe formula preparation, cue-based feeding and risk reduction strategies.

Each organization with participants at the workshop will receive one USB that includes the IDM Toolkit PDF, PowerPoint slide presentation, speaker notes, activity ideas and links to teaching video. Each organization is then free to download the contents of the USB for each participant that attended the workshop. This information can be used **within the organization** for internal staff training.

These two workshops complement one another and provide strategies, current information, tools and skills to support staff members to provide evidence informed care to all families, in regard to infant feeding.

[Please contact facilitators for further information, costs and available dates.](#)

Facilitators:

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